



'working and growing together'

SECOND AVENUE | FITZWILLIAM | PONTEFRAC T | WEST YORKSHIRE | WF9 5BA

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Mrs Susan Harrison ~ Headteacher

16th July 2020

Dear Parents and Guardians,

At Fitzwilliam Primary School we strive to provide a safe learning environment for all students. Due to some of our pupils suffering from a life threatening nut allergy, we must become a **Nut Aware School** as of September 2020. An allergic reaction to nut products is known as an anaphylactic shock. This can happen through the ingestion, breathing in spores and the touching of nut products including their oils.

Since this condition can be life threatening, we are asking all members of the school community for their help in minimising the risk to these children by:

1. Avoiding giving children nuts or nut products in their packed lunches. This includes all nuts, coconuts, tree nuts and sesame seeds.
2. Avoiding foods such as peanut butter, chocolate spreads, fruit and cereal bars that contain nuts, chocolate bars or sweets that contain nuts, sesame seed rolls and baked goods such as cookies and cake bars made with nuts and nut oils/butters.
3. Avoiding providing school with any cakes and baked items for birthdays, sales or events that may contain nuts and nut oils.

We acknowledge that on some food labels may state 'may have been produced in a factory handling nuts' or 'may contain nuts'. Such items should be treated with caution and check the ingredients labels carefully. **If in doubt, please do not send into school.**

If a member of staff notices a pupil eating a nut product, the product will be politely removed and stored away. The member of staff will explain this to the pupil and why this has been done. The pupil's parents will be informed so that they are aware and guided to the allergens in the food product.

Due to the severity of the problem, it is important that all parents read and check food labels carefully. Below are some examples of what to look out for.



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Ingredients: Corn flour, sugar, peanut butter (peanuts, dextrose, hydrogenated vegetable oil [cottonseed and rapeseed oil]**, salt), oat flour, rice flour, coconut oil, salt, caramel color, niacinamide*, reduced iron, zinc oxide, BHT (a preservative), thiamin mononitrate*, pyridoxine hydrochloride*, riboflavin*, folic acid*.

*One of the B vitamins

**Adds a dietarily insignificant amount of trans fat

CONTAINS PEANUT INGREDIENTS.

Ingredients

Nuts (peanuts [29%], almonds [12%]), cereals (18%)(rolled oats, rice, corn), choc compound (18%)(sugar, vegetable fat, milk solids, cocoa powder, emulsifiers [soy lecithin, 476, 492], flavour, salt), glucose, glucose solids, fructose, sugar, dextrose, humectants (glycerol, sorbitol), vegetable oils (hydrogenated soyabean [antioxidant (304, 307b)], hydrogenated palm), salt, molasses, barley malt extract, emulsifier (soy lecithin), flavour, vitamin (vitamin E [soy]).
Contains gluten containing cereals, milk, peanuts, almonds and soy. May contain traces of other tree nuts.

We thank you in advance for your co-operation and support regarding this matter. If you have any questions of concerns feel free to contact myself via email or telephone.

Yours Sincerely

P.Quarry

Paul Quarry
(acting Headteacher)