



FITZWILLIAM PRIMARY SCHOOL



Information for Parents and Carers – March 8th Re-opening

PE and Sports

- We will be following the Government guidance for PE and sport in school and will review this as the guidance changes over the academic year. As we amend what we do, we will update this section of the document and inform parents;
- **Each class will still access 2 hours of PE and sport each week as part of their weekly timetable.** This will be in addition to active playtimes and lunchtimes using their own, designated, class sports and play equipment;
- **All PE and sport will be undertaken outside**, weather permitting, and contact sports will be avoided;
- In order to minimise movement and possible sources of contamination, we are unable to get changed in and out of PE kit as we have previously. Therefore, **children will complete PE lessons in their school uniform**, much like they are active wearing their uniform at playtimes and lunchtimes;
- It is essential that all children have footwear suitable for exercise so **trainers should be worn to school**. Leggings / trousers are also recommended as opposed to skirts;
- **Children should ensure that earrings are removed at home on PE days** and not wear any other jewellery that will need removing. School staff will not be able to assist in the removal of earrings;
- Having given careful thought to doing PE in school uniform or requesting children come to school in PE kit on PE days, we feel wearing uniform will be most beneficial for the following reasons:
 - It allows flexibility to change the day for PE if the weather does not allow for outdoor PE on the allocated day;
 - regardless of the temperature, pupils can complete PE in the uniform they have come to school in;
 - if pupils or parents / carers forget it is a PE day, children will still be able to participate as fully as other pupils;
- school usually provides PE kit for pupils (something we still intend to do when PE kit come into use again).